

Post Office Box 425
Tampa, Florida

Lesson 20



MRS RILLA BINKS

8766 LOOKOUT MT. RD.

HOLLYWOOD CALIF.

Beloved Neophyte:

This coming week I wish you to continue your experiments with the Projections of the Psychic Body and your Consciousness. Perhaps it will be much better if you write me fully of what experiences you may have had, no matter how vague or subtle they may seem to you. I shall, therefore, wait to hear from you and thru the letter and your questions I can give you the needed explanations. So continue faithfully, willing out this "Master Within" and visualizing mentally that you are OUT not IN the body. Forget the body, do not in any wise become conscious of it, or that you have one; simply be a "Mind Consciousness," a mist in Space, and wait, floating, for such impressions as may come to you, gradually, also, Psychic Sight and Hearing will open to you.

So, for tonight, I shall give you no new experiments, but on the other hand, you are going to have a very rare treat of another kind -- right at this critical period of your Development and Growth you are given a special message, a Soul-searching, clarion call, from the Venerable Master, H.H. Rajeswarananda. This is the Master's Message in his own words:

1 KNOW THYSELF: Know yourself and you know all. Touch your Soul and you touch all. Realize your Soul and you realize all. Soul known, all is known. Be ignorant of your Soul and you are ignorant of everything. So face your Soul and you have Light, ignore your Soul and you have darkness. Hence the great Precept rings right, "KNOW THYSELF."

2 YOU MAKE OR MAR YOURSELF. In the armory of your own thought YOU FORGE THE WEAPONS BY WHICH YOU RUIN YOURSELF. Similarly you also fashion there the tools with which you build yourself a celestial mansion of Joy and Strength. You ascend to Divine Understanding and Perfection by right and true application of Thought and also descend below the level of the beast by its misuse. You evolve all stages of character between these two extremes. Hence, YOU ARE THEIR MAKER AND MASTER. You are the molder of character and shaper of conditions.

3 EVERY MAN IS AN EMBODIMENT OF POWER, PEACE, AND PLENTY. He is a being full of Intelligence and Love, and he is the Lord of his thots. It is he who holds the Key to every situation. HE IS THE FRIEND AND THE FOE TO HIMSELF. None else exists outside of himself. This is a stern Truth. He is always the Master, to fashion his thoughts to fruitful experiences. He discovers within himself the Laws of Thought by effective application, self-analysis, and experience. Let him thus dig into the mine of his Soul and obtain Gold and Diamonds, Gems and Jewels of Life.

4 THE ONE SUBJECT OF UNFAILING AND ABSORBING INTEREST TO YOU OUGHT EVER TO BE - YOU. So make up your mind to look facts in the face. Decide your own Destiny and shape your own Future. See that Humanity receives from you something in return for what it gives you. Break thru today's Failures and accomplish Success. Let the Success of yesterday be but a spur to today's achievements. BUILD UP PERSONALITY which is your medium of contact with the Supreme, and shine with this Power.

5 CONCENTRATION IS THE SECRET OF SUCCESS in any walk of Life. It is the one Key to unlock the hidden treasures, the one thing to be obtained. So collect all your energies, focus them on the Most High and go into states of deep Samadhi (enter the closet). Develop your latent Potentialities by this clear and steady Concentration. Make of yourself a radiant reservoir of revolving magnetism. Make yourself a storehouse of Power. Reach into the Rhythm of Life and enjoy the music and harmony of the whole Universe, tending towards perfection and beauty of the Self.

6 YOUR MIND IS A GARDEN wherein you may cultivate the soil, or aimlessly allow it to lie fallow. If you put into it no useful seed, useless weed seed will fall therein and produce their kind. You may make

the garden of your mind a Paradise by growing flowers and fruits of right and pure thoughts, conducive to the Life of Truth, or a Hell by allowing wrong and impure thoughts to grow more and more, a short cut to Perdition. You are yourself the Master Gardener of your Soul and the Director of your Life.

✓ 7 DON'T IMAGINE, even for a moment, that any of your thoughts can be kept ineffectual. No, it cannot be. Thoughts rapidly crystalize into habit AND HABIT SOLIDIFIES INTO CIRCUMSTANCES. Good thoughts bear good fruits and bad thoughts bear bad fruits. You simply choose your thoughts, AND THOUGHTS, INDIRECTLY, YET SURELY, SHAPE YOUR CIRCUMSTANCES.

8 DISEASE AND HEALTH ARE ROOTED IN THOUGHT. Unlawful thoughts sink the body in disease and decay. Right and beautiful thoughts clothe it with youthfulness and beauty. LIVE IN FEAR OF DISEASE AND YOU SURELY GET IT. Anxiety demoralizes the whole body and the impure thoughts shatter the Nervous System and poison the blood. THOUGHT IS THE FOUNT OF LIFE, ACTION, AND MANIFESTATION. So guard well your Thought to perfect the body. Then build up the body with vigor and grace, by virtuous thoughts.

9 DO NOT CARRY useless, unprofitable Mental burdens that sag your Intellect and weigh down your brain, lest you come to the point where clear, constructive thought becomes impossible. Otherwise, you get mentally tired, the world looks gray, and Progress fails, because everything in this world must either help or hinder Progress, under the Law, so conquer Fear, Doubt, and Worry, and try to keep it from hampering and hindering you in the dirt and dust of Mental Agony.

10 FEAR, DOUBT, AND WORRY ARE NOT BIG THINGS in their beginning. They are just little seeds in a corner of our mind. Drop a match in a forest, which, after all, is a small thing, yet it burns for a thousand miles, consuming the entire forest before the flames it starts die down. The way to prevent the forest fire is to put out the match in the beginning. So, also, to combat Fear, Doubt, and Worry, the way is not to fight them but to prevent them. That is why prevention is better than cure.

11 FEAR, DOUBT, AND WORRY ARE ALL FOCUSED ON FUTURE OCCURENCES. They are Mental Diseases. They stretch out their restless fingers for the brushes to paint their terrible pictures on the Mental Canvas. Stop them there. Take the brushes and paint a constructive picture where they would paint a destructive one. Divest them of tools to work with and canvas to paint upon. You will thus find, in place of the troubles of tomorrow, the joys of today, and Life becomes bright instead of dark.

12 A MAN IS LITERALLY WHAT HE THINKS. His character is the sum of all his thoughts. His every act springs from a hidden seed of his thought. His act is the blossom of that thought. Joy or Suffering is its fruit. Life is a growth by Law, and not a creation by Artifice. A noble or Godlike character is not of accident or chance, but is the very natural result of right thinking. A THOUGHT OFT REPEATED BECOMES AN ACT; AN ACT OFT REPEATED BECOMES A HABIT; A HABIT OFT REPEATED BECOMES A CHARACTER; AND A SETTLED CHARACTER MOLDS THE VERY DESTINY OF THE MAN.

13 MAN IS THE MASTER OF HIS OWN DESTINY. The man we see is a bundle of thoughts, fair or foul, floating topmost on the surface of the lake of his mind. In other words, MAN IS MIND, shaping what he wills with the bricks of his thoughts. AND HE WEAVES THE INNER GARMENT OF CHARACTER AND THE OUTER GARMENT OF CIRCUMSTANCES, AS WELL. So what he has hitherto woven in ignorance and darkness, he may unweave in Enlightenment and Brightness, if he likes, for HE IS MASTER OF HIMSELF. -----

This concludes the first part of the Master's Message. Study it well and later on I shall give you another portion of his Message.

Now, sitting quietly in your Sanctum, lay aside outer thoughts and, visualizing your own Soul before you in judgment, read the follow-

doing
is
Law

attraction
by
thought

Beautiful

ing, from the Book of the Dead, answering yes or no softly as your Soul responds to the question. Read slowly, softly, carefully; pause after each statement; apply it to modern life and conditions; and taking the evident meaning, make your reply.

Confession to Maat

Taken from the confession said in the Chamber of Maat in the Egyptian Temple of Initiation as recorded in the Book of the Dead. (Maat is the Egyptian word for Truth, the Chamber of Maat is the Temple of Truth).

Homage to Thee, Oh Great God, Thou Master of all Truth. I have come to Thee, Oh my God, and have brought myself hither that I may become conscious of Thy decrees. I know Thee and am attuned with Thee and Thy two and forty laws which exist with Thee in this Chamber of Maat.

In Truth have I come into Thy attunement, and I have brought Maat in my mind and Soul.

I have destroyed wickedness for Thee.

I have not done evil to mankind.

I have not oppressed the members of my family.

I have not wrought evil in place of right and Truth.

I have had no intimacy with worthless men.

I have not demanded first consideration.

I have not decreed that excessive labor be performed for me.

I have not brought forward my name for exaltation to honors.

I have not defrauded the oppressed of property.

I have made no man to suffer hunger.

I have made no one to weep.

I have caused no pain to be inflicted upon man or animal.

I have not defrauded the Temple of their oblations.

I have not diminished from the bushel.

I have not filched away land.

I have not encroached upon the fields of others.

I have not added to the weights of the scales to cheat the seller and I have not misread the pointer of the scales to cheat the buyer.

I have not kept milk from the mouths of children.

I have not turned back the water at the time it should flow.

I have not extinguished the fire when it should burn.

I have not repulsed God in His manifestations.

Affirmation

I am pure! I am pure! I am pure!

My purity is the Purity of the Divinity of the Holy Temple.

THEREFORE, EVIL SHALL NOT BEFALL ME IN THIS WORLD, BECAUSE I, EVEN I, KNOW THE LAWS OF GOD, WHICH ARE GOD.

After meditating upon the Confession, you may close your convocation in due form. Do not make the mistake of failing to read and re-read the communications sent to you. They are full of meaning and require careful, thoughtful study. They are intended to stimulate your thoughts and your meditation period. In these later sessions you should read a sentence or two and stop and reason and think it out inductively and deductively, until the Truth flashes upon your comprehension. The thoughts in one communication could be expanded and enlarged into several lessons, but it is better to compel you to think for yourself.

In the Bonds of the Eternal Brotherhood,

Sri Dayananda, S. C.